



41st Asian Road Cycling Championships
28th Junior Asian Road Cycling Championships
10th Para Cycling Championships
Dushanbe/Tajikistan



TECHNICAL GUIDE



25th to 29th March 2022



H.E Emomali Rahmon
PRESIDENT OF Tajikistan

MESSAGE FROM THE PRESIDENT

Honourable guests,
Ladies and Gentlemen,

I am pleased to welcome you all to your second country, Tajikistan. It's pleasure to host the 2022 Asian Road and Para Cycling Championships since cycling sport is growing in our country in the past 15 years. I would like also to welcome the Asian teams participating in the event. I wish them success, safety and enjoy their stay in Dushanbe.

We were keen to prepare well for the event in addition to some tourism programs for delegations outside the competition times, hopefully it will satisfy you.

Tajikistan is called sunny country - 9 months of the year, mainly warm weather prevails here, the swimming season opens in May and lasts until mid-September.

The majestic Pamir mountains, bright blue lakes, fertile valleys, orchards, rich history, ancient cities, oriental hospitality - Tajikistan is definitely worth a second visit.

Wish you all a pleasant stay...





MESSAGE FROM THE CHAIRMAN OF THE NATIONAL ASSEMBLY OF TAJIKISTAN, MAYOR OF DUSHANBE

Honourable guests,
Ladies and Gentlemen,
We are pleased to meet our friends coming from the Asian continent, in 2022 Asian Road and Para Cycling championship. Hosting continental and international tournaments is a great objective for us, since sports is the common language for all people from different cultures. We are very pleased to host this memorable event in Tajikistan. As we have been focusing on the development of Asian cycling sports, we aspire to host more cycling events in Tajikistan, in hope to offer our input and contribution to the growth of this sports in the future.
Lastly, I am certain that we will all enjoy watching the champions in this sporting competition. I also wish everyone a good luck in the competition and I hope everyone enjoy the weather in Dushanbe.
Wish you all the best...

H.E Rustam Emomali
Chairman of the National
Assembly of Tajikistan,
Mayor of Dushanbe





MESSAGE FROM UCI

Ladies and Gentlemen,
National Federations,

I am proud to meet athletes from different countries of Asia here in Tajikistan, this historical place which has a distinct and geographical character. I hope everyone will have an exciting experience and explore new cycling paths. Tajikistan has an important role as a mediator between China and Europe. It has contributed greatly to the cultural and economic exchange between the West and the East.

I believe that the competing athletes will be highly challenge in order to guarantee position on the podium and to qualify for the upcoming international competitions, according to the agenda of the Union Cycliste Internationale. We hope to host and organize more international tournaments in the future in Dushanbe.

I also wish great success to our partners in the Asian Cycling Confederation during the annual general assembly meeting on the sidelines of the Asian Championship.

Good luck everyone...

David Lappartient
UCI PRESIDENT





MESSAGE FROM ACC PRESIDENT

Ladies and Gentlemen,
National Federations,

First of all, I extend my thanks and appreciation to His Excellency Emomali Rahmon the President of the Republic of Tajikistan. Also, I would like to thank the police and medical authorities in the country for providing all the capabilities necessary for the success of the 2022 Asian Road and Para cycling Championship.

In particular, I would like to thank the friends from Tajikistan Cycling Federation for their great efforts in hosting and organizing the event.

At the Union Cyclist International and Asian Cycling confederation, we were keen to work as one team to serve and promote cycling sport globally.

We have achieved a lot of successes together and we look forward to more achievements with you.

I am always keen to meet the representatives of the national federations and having different conversations during the General Assembly meeting of the ACC on the sidelines of the championship competitions.

Wish you all the best...

H.E Osama Alshafar
President of ACC
Vice President - UCI





MESSAGE FROM HEAD OF CID

Ladies and Gentlemen,
Honourable guests,

We are proud to host and organize this great and important sporting event for our country. Tajikistan has recently developed its infrastructure and added new wonderful tracks can be used for outdoor sports activities and cycling competitions as well.

Over the past months, I have worked with my security teams, Asian Cycling Confederation and Tajikistan Cycling Federation to develop a powerful security plan to ensure the safety of the riders in order to guarantee the event's success and its launch in a great manner.

We determined the closing points in the race routs and assigned police patrols from one of our best security elements to be present on the track controlling the critical points. Also, we have discussed the proper arrangements of the delegates visa and arrival.

I trust the capabilities of our concerned bodies to impress our visitors.

We are always ready to meet you in Tajikistan and pleased to welcome you in your second home.

Wish you all the best...

Saidzoda Shohrukh
Head of CID
Republic of Tajikistan





MESSAGE FROM ACC

Ladies and Gentlemen,
National Federations,

We are pleased to organize the 2022 Asian Cycling Road and Para Cycling Championships in collaboration with Tajikistan National Federation for the first time in the history of the Asian Cycling Championships. It is a new and interesting experience. However, we are confident in Tajikistan's capability to organize the competition and ACC will assist them to facilitate the delegation's task. Asian Cycling is permanently in a continuous development through the implementation of qualification programs for coaches, in addition to commissaire, through the cooperation with the Olympic solidarity as well as the Union Cyclists Internationale. On that regard, I am pleased to invite the cyclists from the continent to take advantage of these programs and courses in order to raise the technical level of the tournaments. I wish you a pleasant experience in Tajikistan.

Wish you all the best...

Onkar Singh
Secretary General ACC





MESSAGE FROM TAJIKISTAN NATIONAL FEDERATION

Ladies and Gentlemen,
National Teams,

Welcome to the capital, Dushanbe, we are very excited to meet the delegations of the teams participating in the 2022 Asian Road and Para Cycling Championship.

It is a great honor for us to host the Asian Cycling Championship for the first time in the history of Tajikistan and on this occasion I would like to thank our friends in the Asian Cycling Confederation for the technical support of the organizers and the absolute cooperation in organizing the event and its proper outcome. We have a great passion for cycling and we hope to host and organize many international calendar events. We are pleased to meet you and welcome your teams always in Tajikistan. I wish the participants good luck and a pleasant stay for the delegates.

Ozodkhon Davlotshoev
President ,
Tajikistan Cycling Federation



Tajikistan

The Republic of Tajikistan is situated in the heart of Central Asia. It is bordered by Kyrgyzstan on the north, China on the east, Afghanistan on the south, and Uzbekistan on the west and northwest.

Tajikistan is a landlocked country in Central Asia with an area of 143,100 km² and with population of 9,537,645 people.

Tajikistan is called sunny country - 9 months of the year, mainly warm weather prevails here, the swimming season opens in May and lasts until mid-September.

The majestic Pamir mountains, bright blue lakes, fertile valleys, orchards, rich history, ancient cities, oriental hospitality - Tajikistan is definitely worth a visit.

Tajikistan consists of Gorno-Badakhshan Autonomous Region, Sughd and Khatlon Regions. Large cities of Tajikistan are Dushanbe, Khujand, Kurgan-Tyube.



Tajikistan

Tajikistan is a country with the greatest and centuries-old history. Between the 8th and 14th century Central Asia, including what is today Tajikistan, changes hands several times: First, Arab forces invade Central Asia, then the Persian Samanid dynasty takes over control, followed by Genghis Khan also the Turkic ruler Tamerlane.

The modern Tajikistan amazes with ancient culture , traditions and amazing beauty of nature.

Most of the Gorno-Badakhshan Autonomous Region is highlands of the Eastern Pamirs. In the Sughd region is located Istaravshan, an ancient city-museum, as well as Khujand, which saw both the troops of Alexander the Great and the army of Genghis Khan. Khatlon region in the south-west of Tajikistan is the hottest part of the state. It is known for its ancient cities and territories and a unique miracle of nature - the 900-meter high mountain of Khoja-Mumin salt. The picturesque valley of Sari Khosor is also located here.



30th Anniversary of independence day the Republic of Tajikistan

On 9 September 1991, Tajikistan became an independent sovereign nation as the Soviet Union disintegrated. A civil war was fought almost immediately after independence, lasting from 1992 to 1997.

Independence day is a very important event for Republic of Tajikistan. In honor to anniversary of independence, the city of Dushanbe was rebuilt into a new modern city.

The government plans to celebrate this event in a grand manner. It will be great to hold the Asian Championship in Tajikistan on the eve of 30th anniversary day of independence.



Dushanbe

(championships venue)

Dushanbe is the capital and largest city of Tajikistan, political, economic and cultural center of the country. Modern-day Dushanbe is a scientific, intellectual and cultural center of the republic. There is a number of stadiums, swimming pools, fitness centers, casinos, restaurants here. The town itself is very green with beautiful parks, lakes and interesting architecture. In 2004, by decision of UNESCO Dushanbe was declared a city of peace.

There are a lot of beautiful buildings in the city Government House, teahouse Rohat, building of Aini Opera and Ballet Theatre with its majestic columns, National Library of Tajikistan. There is the largest in the city National Museum of Tajikistan of Fine Arts at one of the most beautiful squares of the city. Another characteristic feature of the city is its monuments to the great Tajik thinkers and philosophers like Ferdowsi, Rudaki, Avicenna and Aini.



Accommodation

1.All teams will be accommodated in Sanatorium Shambari Hotel . Accommodation and 3 meals ‘Breakfast – Lunch – Dinner’ will be provided for free. The hotel is 23 km away from the venue so buses will be provided for the internal transportation.

The technical meeting will take place in the same hotel.

Hotel location :

<https://goo.gl/maps/uzD6d9136ujoReCe7>

2.The ACC Congress will be held in Hyatt Regency Hotel, Dushanbe on 27th March 2022 10:00 am.

Hotel location :

<https://goo.gl/maps/4xA35GDwaBjvViTv6>

Tourism Attractions in Tajikistan

Iskanderkul Lake

Tajikistan's signature sights in the Fann Mountains is known as one of Mountains.



Childukhtaron

translated as forty girls from Tajik. It is one of must see places in South Tajikistan.



Tourism Attractions in Tajikistan

Khujand Fortress

Throughout the whole history of Khujand, the city's heart was its castle. Over 2,500 years, the Khujand fortress expanded together with the city, was destroyed by the conquerors, rebuilt anew, but always continued to be a symbol of endurance of the people.

Archaeological excavations have revealed that the first fortress was built in the VI-V centuries BC, and consisted of an artificial embankment gradually developed into a thick wall of natural clay. Moreover, in addition to the fortress there was a city wall occupying 20 hectares. Along the walls there were deep moats filled with water.

Hisor Fort

Is located along the Khanaka River, in Hisor Valley. Historical records point at a fort in Hisor as far back as 1000 BC. More recent records of the fort relate to the time when Cyrus the Great founded the first Persian Empire (around 550 BC).



TYPES OF RACES



Individual Time Trial



Team Time Trial (ME – WE)



Para Cycling



Individual Road Races



ORGANIZATION

ACC MANAGEMENT COMMITTEE		
1	President	Mr. Osama Ahmed Alshafar
2	Sr.Vice President	Mr. Raja Sapta Oktohari
3	Vice President	Mr. Parminder Singh Dhindsa
4	Vice President	Mr. Nael Alhawadi (SAU)
5	Vice President	Ms. Yuan Yuan
6	Secretary General	Mr. Onkar Singh
7	Treasurer	Dr. Siong Hing Chen
8	Member	Mr.Dato Amarjit Singh Gill
9	Member	Ms. Li Lee Chia
10	Member	Mr. Tatsuo Hayashi
11	Member	Ms. Beatrice Lajawa
12	Member	Mr. Asghar Khaleghi
13	Member	Dr. Hing Siong Chen
14	Member	Mr. Daehoon Lee
15	Member	Gen. Decha Hemkasri
16	Member	Mr. Wong Hang Cheong
17	Co-opted Member	Shaikh Khaled (BRN)
18	Co-opted Member	Mr. Nurlan Samagulov (KAZ)
19	Co-opted Member	Mr. Kozim Urinboy (UZB)

ORGANIZATION

ORGANIZING COMMITTEE		
1	Chairman of the Committee on Youth and Sport Affairs	Mr. Abdullo Rahmonzoda
2	President TJCF	Mr. Ozodkhon Davlotshoev
3	Event Director	Mr. Isfandiyor Ayubov Tel : +992934333355 E-mail : arcc2022@tcf.tj
4	UCI Technical Delegate	Mr. Farhad Aliyev
5	Race Director – ACC Technical delegate	Mr. Jamaludin Mahmood
6	ACC Technical Director	Mr. Mohamed Abdelraouf
Visa Contact Person		
1	Head of secretary	Mr. Firdavs Soliev Tel: +992930300707 E-mail: arcc2022@tcf.tj
2	Event Manager	Takhmina Mamatkulova Tel : +992934333355 E-mail : arcc2022@tcf.tj
3	Information Desk	Mr. Erkinzhon Latypov Tel : +992934333355 E-mail : arcc2022@tcf.tj

ORGANIZATION

COMMISSAIRES' PANEL		
1	President	Mr. Nasser Khorram Majid
2	Commissaire 2	To be announced later
3	Commissaire 3	To be announced later
4	Commissaire 4	To be announced later
5	President Commissaire of Para Cycling	To be announced later
6	Doping Control Officer	Mr. Ingo – Sven Linke
7	Chief Judge	To be announced later
8	Judge	To be announced later
9	Chief Time Keeper	To be announced later
10	Time Keeper	To be announced later
11	Moto Commissaire 1	To be announced later
12	Moto Commissaire 2	To be announced later
13	Broom Wagen Commissaire	To be announced later
14	Commissaire	To be announced later
15	Commissaire	To be announced later
16	Commissaire	To be announced later

TRAVEL & VISAS

Travel expenses to Dushanbe must be covered by the National Federations. Air travel destination to Championship venue is Dushanbe International Airport. Tajikistan Cycling Federation will provide all ground transportations for the participating teams including airport pick up/drop-off and transportation between event official hotel and race venue. TCF will assist with visa applications and on arrival visas for all participating teams and officials.

Also, a valid passport and all visa requirements must be respected.

We regret to accommodate late or last minute requests. For visa application, passport copy of the applicant is compulsory.

TRAVEL RESTRICTIONS

- All the delegates must have 72hrs PCR test with negative result before travelling to Dushanbe.
- 2 PCR tests free of cost will be done for the delegates (upon arrival and in the 3rd day at the official hotel).

TRAVEL CONTACTS

Tajikistan Airways: www.somonair.com

Fly Dubai Airlines: www.flydubai.com

Uzbekistan Airlines : www.uzairways.com

Kazakhstan Airlines: www.airastana.com

Turkish Airlines : www.turkishairlines.com

CAR RENTAL

Car rental will be covered by TCF. One vehicle with bike rack per Nation will be provided by the organization. Each National Federations should make a deposit: US\$ 600.

ACCREDITATIONS

Accreditations can be collected at the official hotel upon arrival. Please ensure sending the required information for the organizer. Accreditation card as it is required for access to all parts of the venue. Accreditations must be worn and visible whenever you pass through accreditation controls.

INFORMATION DESK

From 22nd March 2022 09:00 – 18:00 information desk will be open in Official hotel lobby.

From 24th to 29th March 2022 the Race Office will be open at the start and finish area in Dousti Square opening 1 hour before the start of first competition and closing 30 minutes after the last race of the day.

Out of competition schedule

24th March 2022

No.	KEY activities	Time	Venue
OFFICIAL MEETINGS & OPENING CEREMONY			
1	Information Desk	08:00 – 19:00	Sanatorium Shambari hotel
2	Commissaires' Meeting	13:00 – 13:30	Sanatorium Shambari hotel
3	Press Accreditation	14:00 – 19:00	Sanatorium Shambari hotel
4	Licenses Control Confirmation of starters, distribution of body numbers and transponders - UCI ID check - Riders confirmation - Check national teams clothing. Team managers must confirm all starters, presenting all licenses (with passport for the juniors' category) and providing a sample of teams' apparel time trial and road race. Riders' numbers will be distributed during that procedure.	14:00 – 16:00	Sanatorium Shambari hotel
5	Team Managers Meeting Maximum representation of two representatives per team is requested to attend that meeting. Attendance is required for: - Representative of the OC - Representative of the ACC Management Board - ACC Technical Delegate - UCI and National Commissaires - Managers of the National Teams - Doping Control Officer	17:00-18:00	Sanatorium Shambari hotel
6	Opening Ceremony	19:00 – 21:00	Will be announced later
1	ACC MC Meeting 26 th March 2022	14:30 – 16:30	Hyatt Regency
2	ACC Congress 27 th March 2022	10:00 – 13:00	

Competition schedule

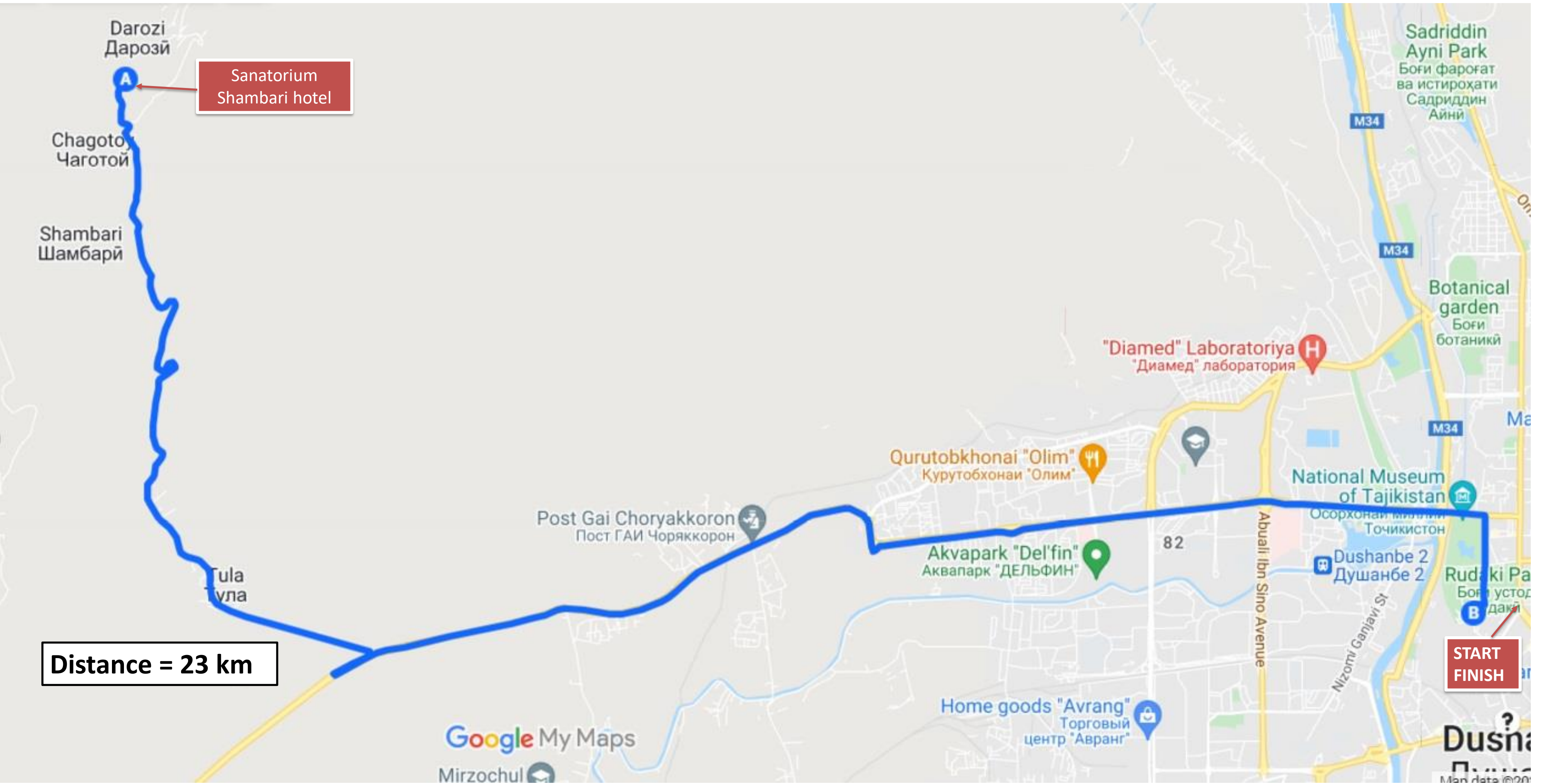
Date	Type	Event	Time	Distance	Laps
25.03.2022	TTT	ME-Men Elite	10:00	24	1
		Award Ceremony	11:30		
		WE-Women Elite	12:00	24	1
		Award Ceremony	13:30		
	ITT	MB- Men Para	14:00	24	1
		Para Men & Para Women (WB,MC1-5,WC4-5,MH3-5,WH4-5)	14:30	24	1
		Para Men & Para Women (WC1-2,MH1-2,WH1-3,M/WT1-2)	15:30	15	1
		Award Ceremony	16:30		
26.03.2022	ITT	WJ - Women Junior	10:00	15	1
		Award Ceremony	11:30		
		MJ - Men Junior	12:00	24	1
		Award Ceremony	14:30		
		MU-Men Under 23	15:00	24	1
		Award Ceremony	16:30		

Competition schedule

Date	Type	Event	Time	Distance	Laps
27.03.2022	ITT	WE & WU - Women Elite & Women Under 23	10:00	24	1
		Award Ceremony	11:30		
		ME - Men Elite	12:00	24	1
		Award Ceremony	13:30		
28.03.2022	IRR	WJ-Women Junior	8:00	61	1
		Award Ceremony	11:00		
		MJ-Men Junior	11:30	111	1
		Award Ceremony	14:00		
		MU-Men Under 23	14:30	130	1
		Award Ceremony	17:30		
29.03.2022	IRR	WE & WU -Women Elite & Women Under23	08:00	111	1
		Award Ceremony	11:00		
		ME-Men Elite	11:45	175	1
		Award Ceremony	16:00		
30.03.2022	IRR	Men Master	11:00	111	1
		Award Ceremony	15:00		

DIRECTIONS FROM OFFICIAL HOTEL TO THE VENUE

MAP LINK : <https://shortest.link/37tm>

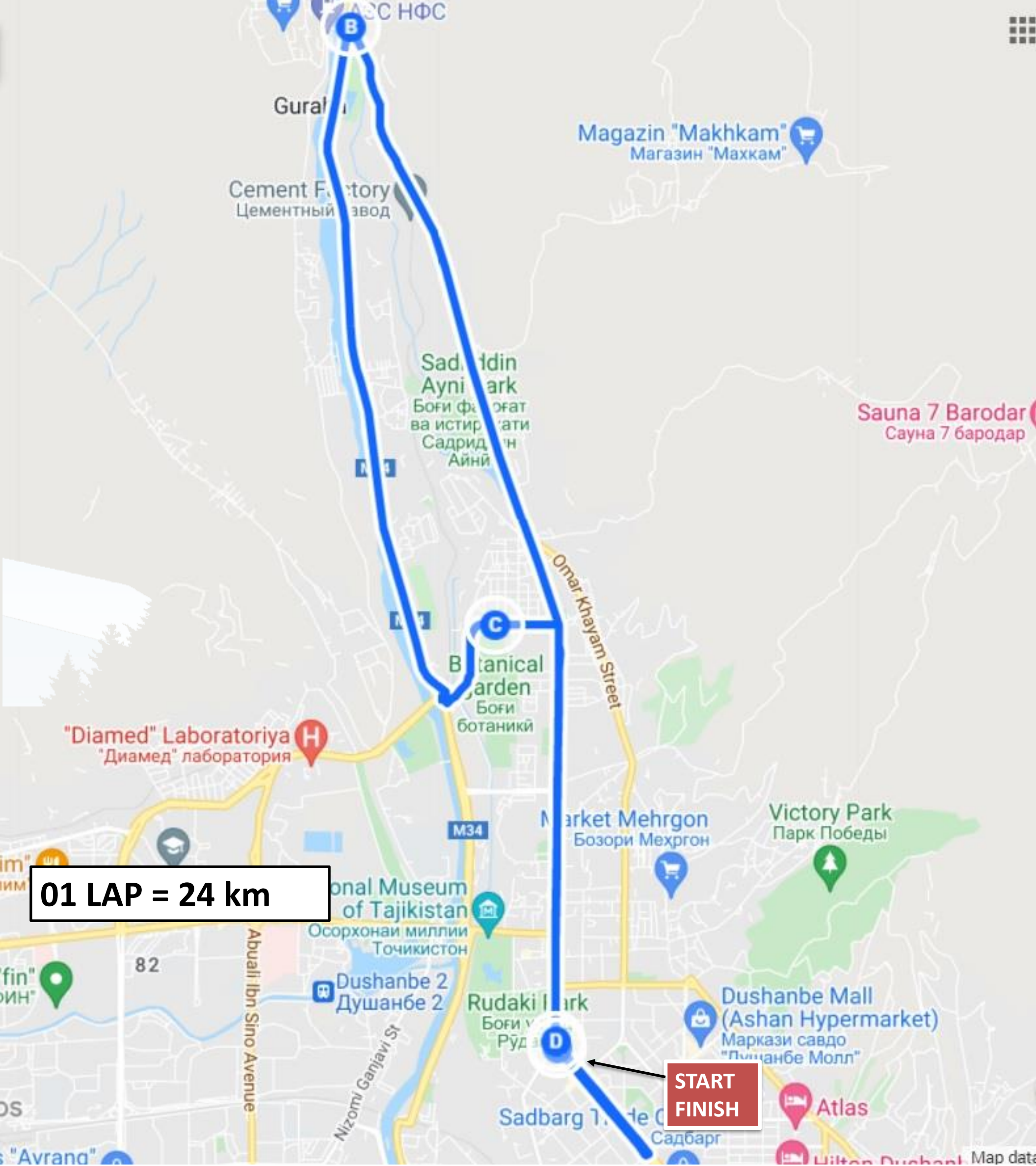


RACE VILLAGE SET UP

RACE VILLAGE SET UP / Race location : <https://shortest.link/2Yd2>



Race Village Area

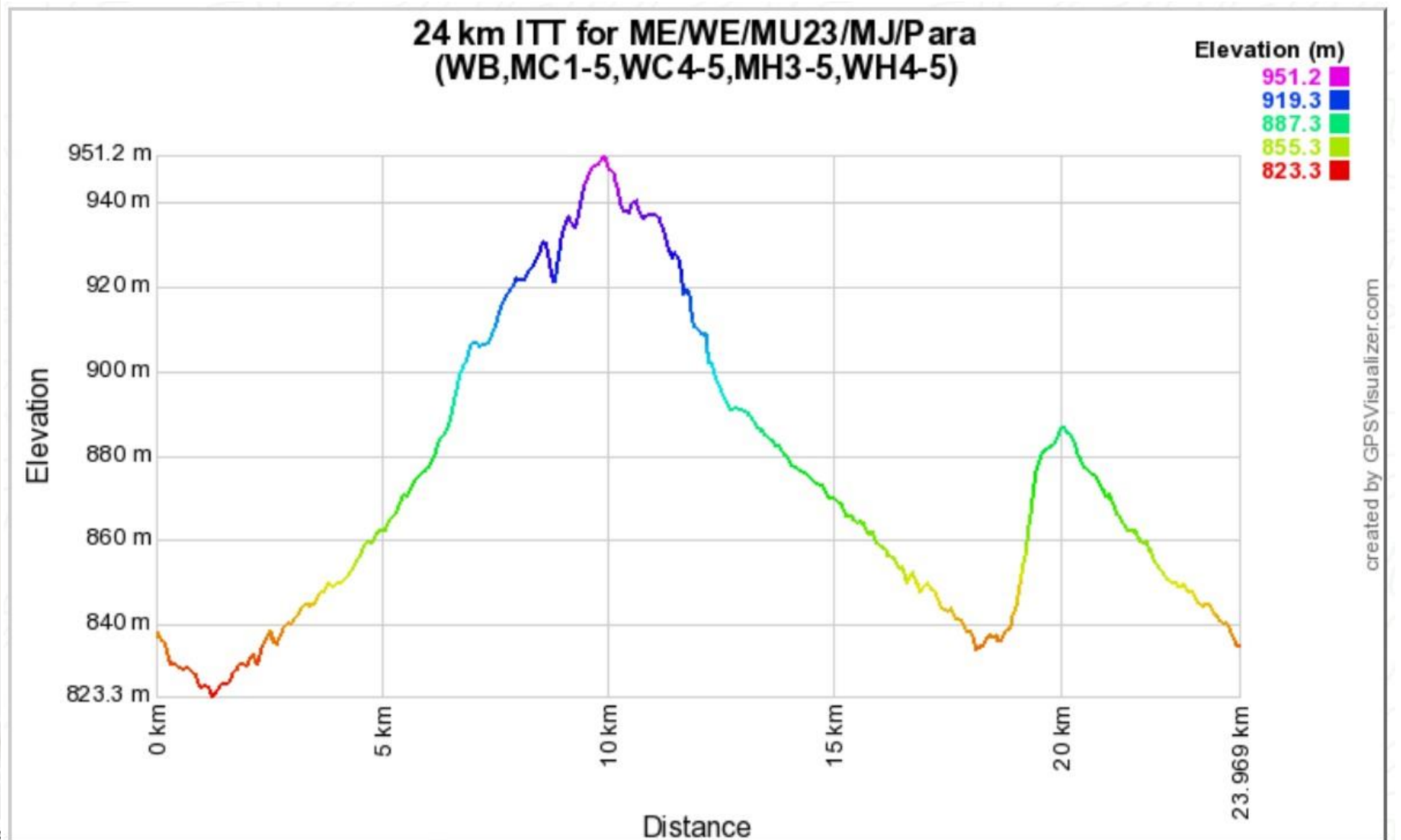
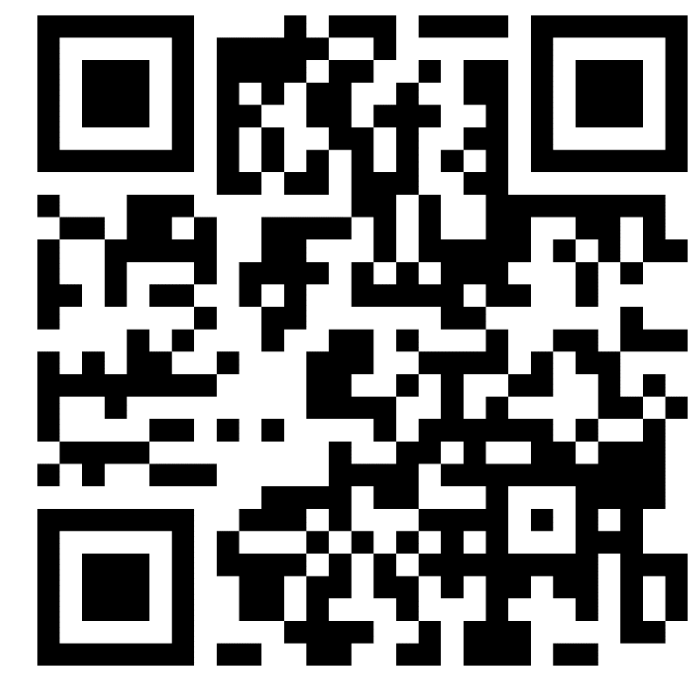


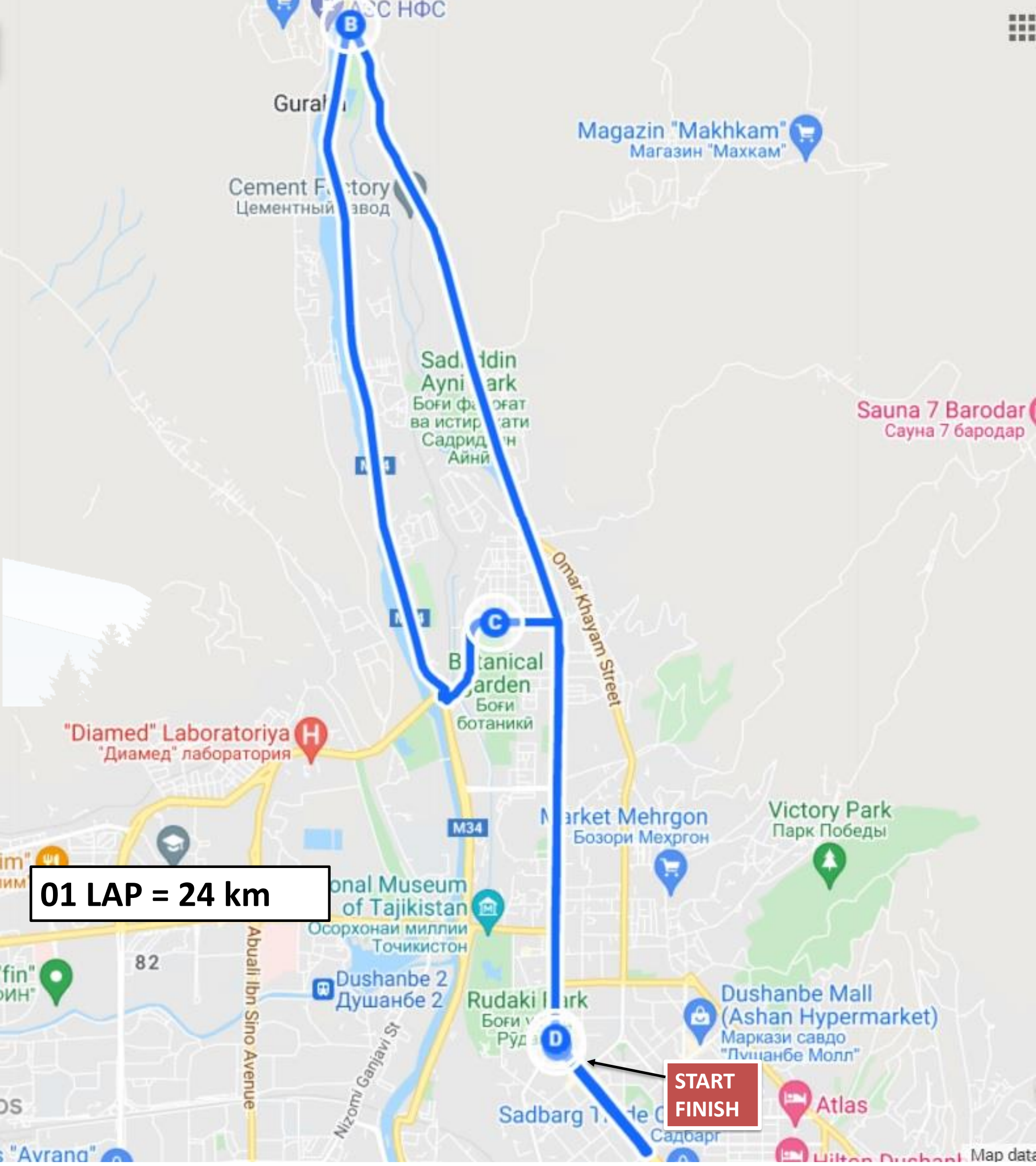
RACE ROUTES

TTT COURSE FOR ME/WE – 24 km 1 LAP

MAP LINK: <https://shortest.link/37s->

<https://www.openrunner.com/r/14316965>





01 LAP = 24 km

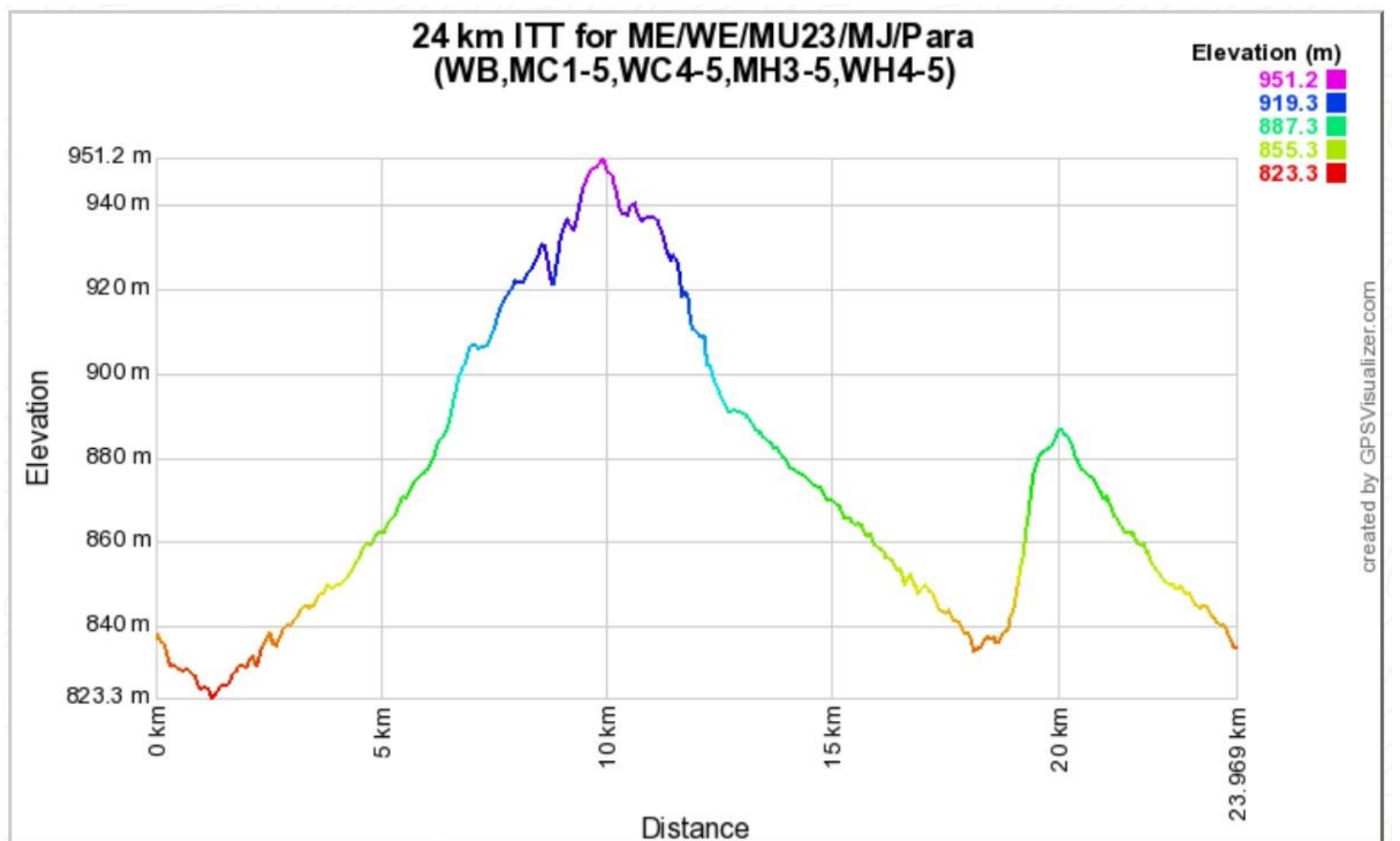
RACE ROUTES

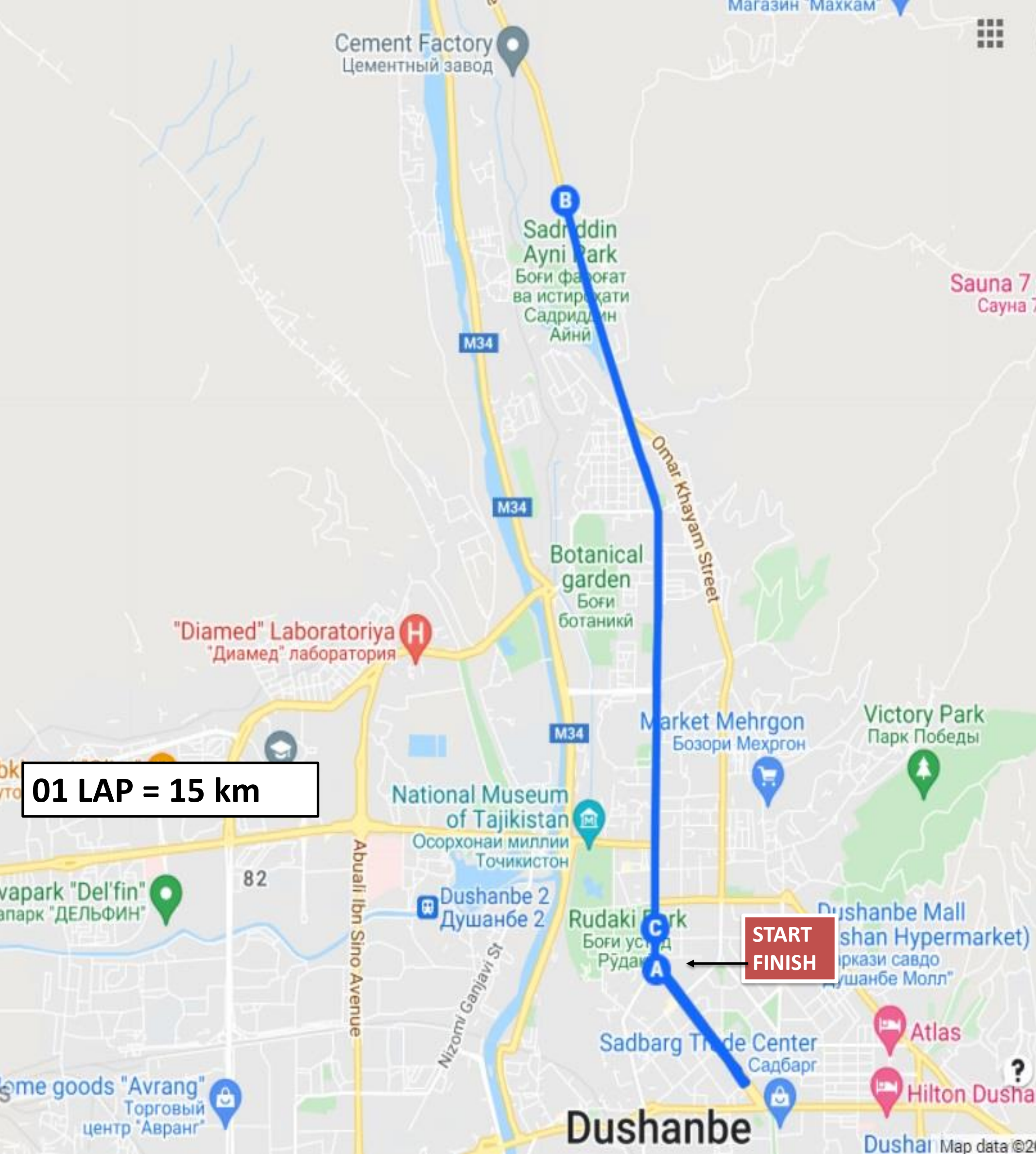
ITT COURSE 24 km 1 LAP FOR

(MP,WP,MC1-5,WC4-5,MH3-5,WH4-5, MJ,MU23,WE,WU23,ME)

MAP LINK: <https://shortest.link/37s->

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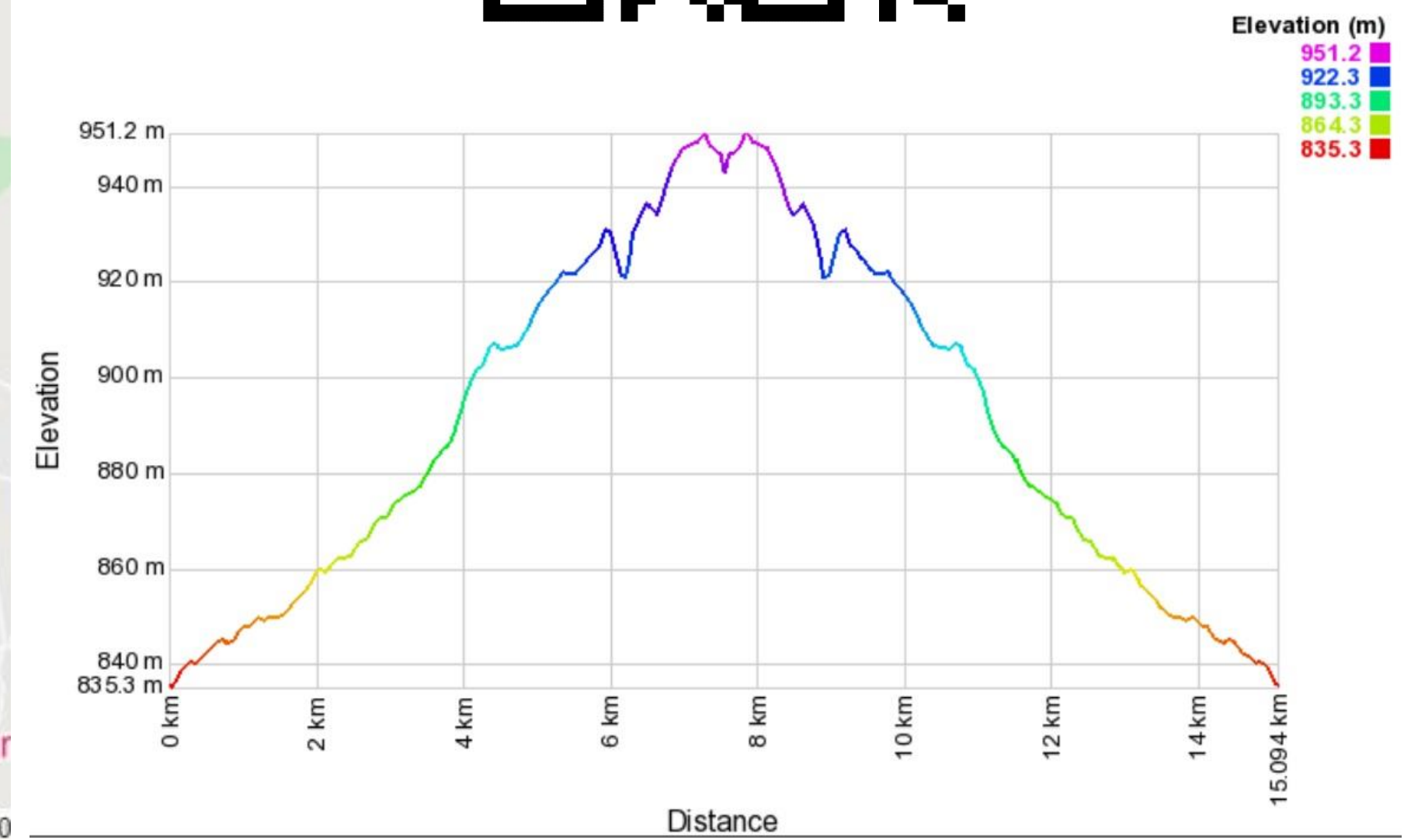
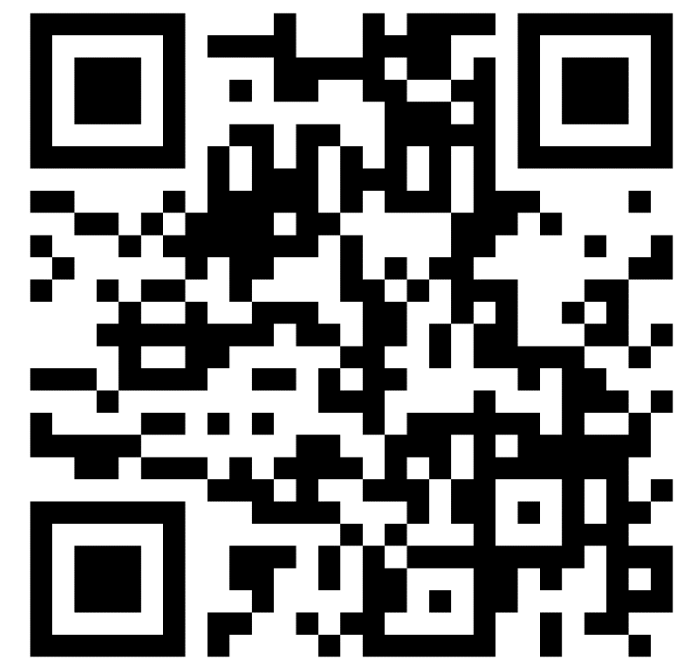
RACE ROUTE

ITT COURSE 15 km 1 LAP FOR

(MP,WP,MC1-5,WC4-5,MH3-5,WH4-5, MJ,MU23,WE,WU23,ME)

MAP LINK: <https://shortest.link/37tM>

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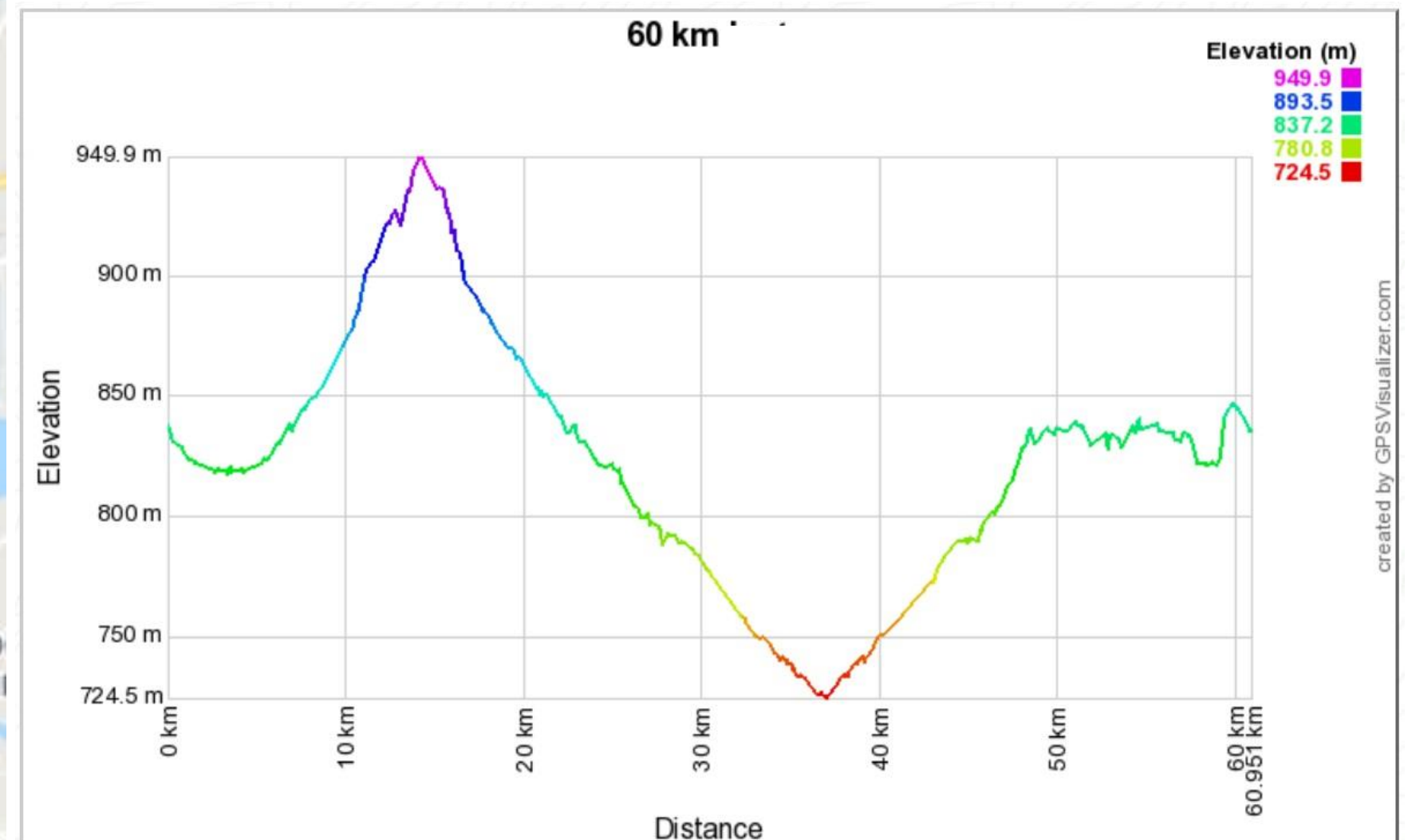
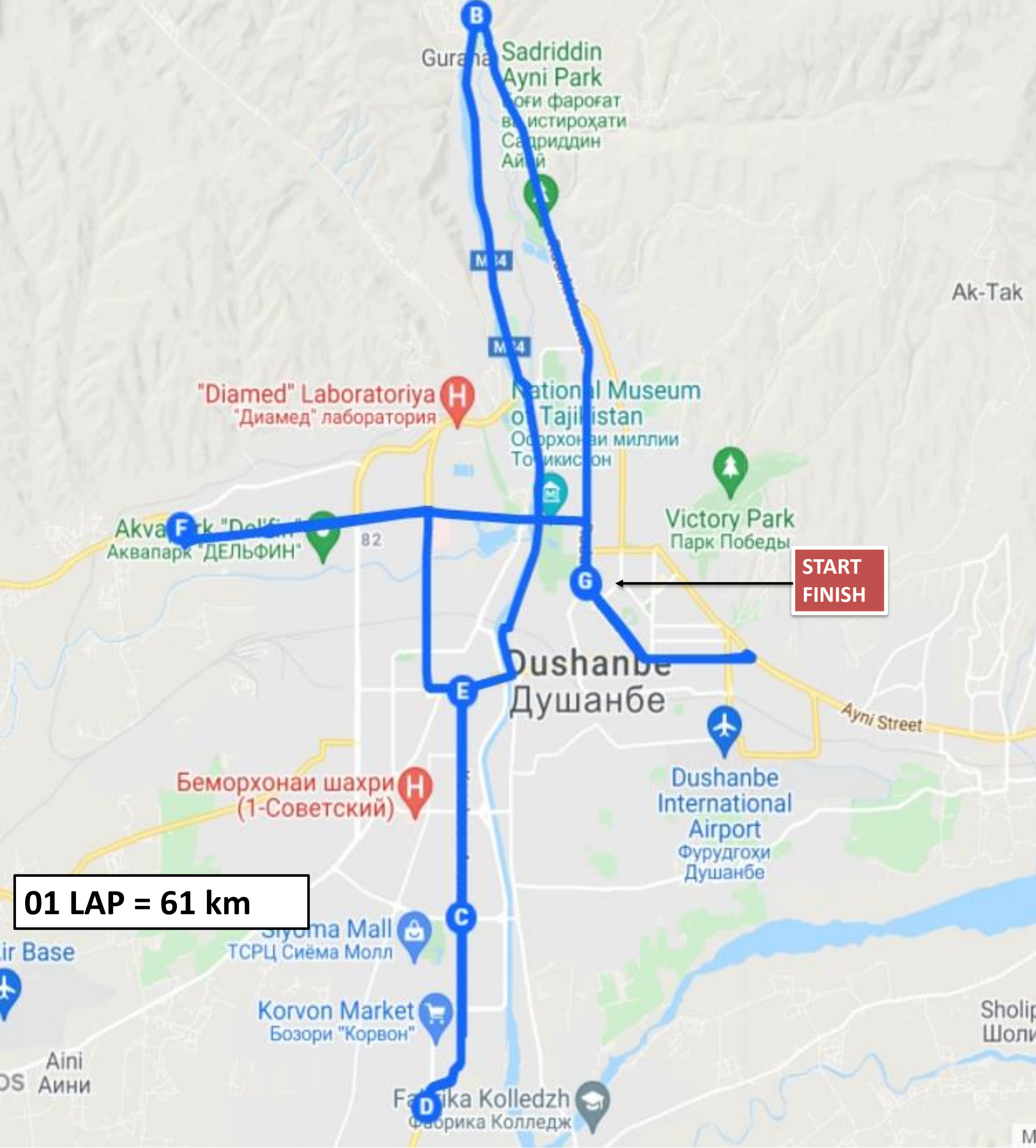


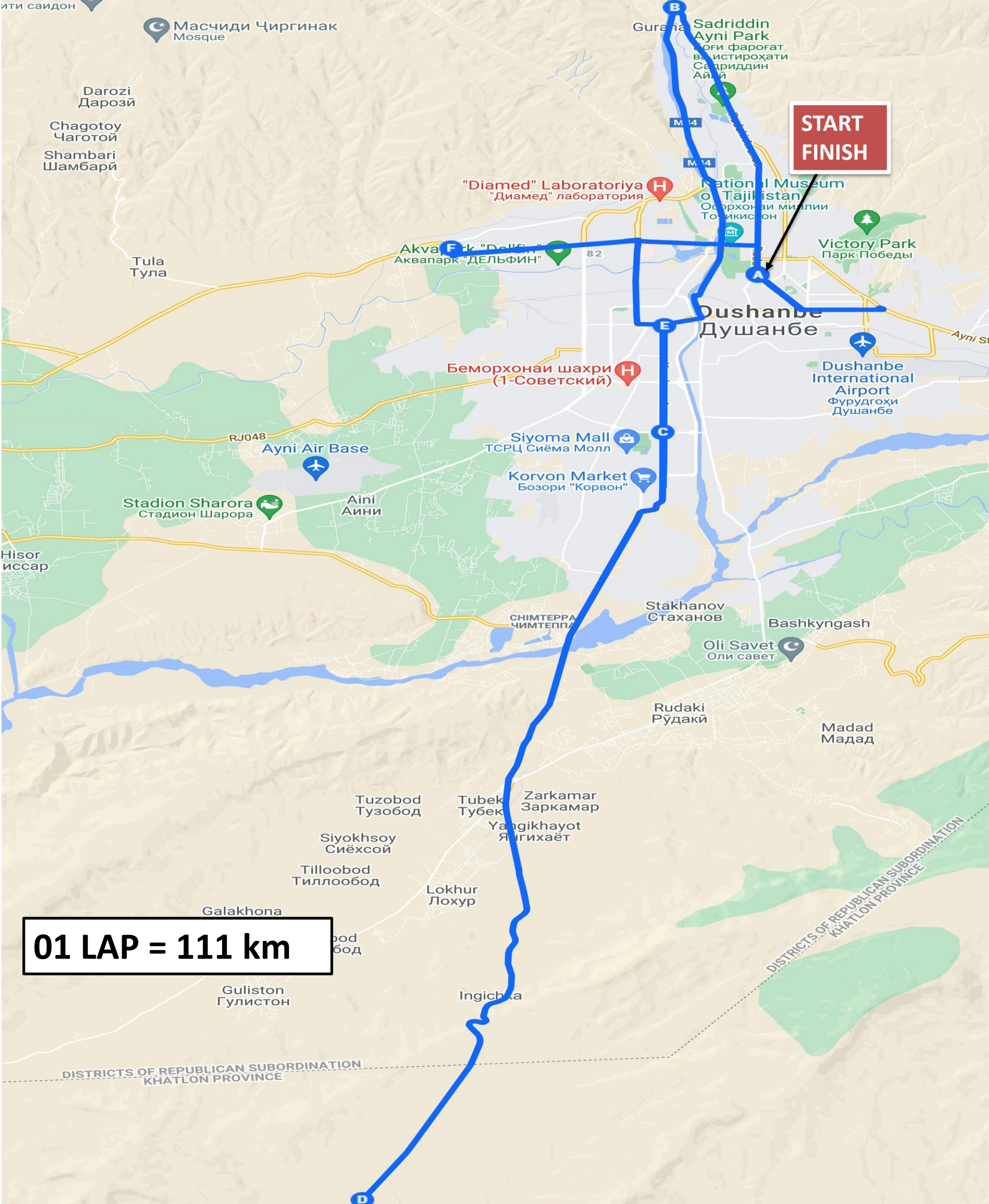
RACE ROUTES

IRR COURSE FOR (Women Junior) 61 km 1 LAP

MAP LINK: <https://shortest.link/37u2>

<https://www.openrunner.com/r/14317110>



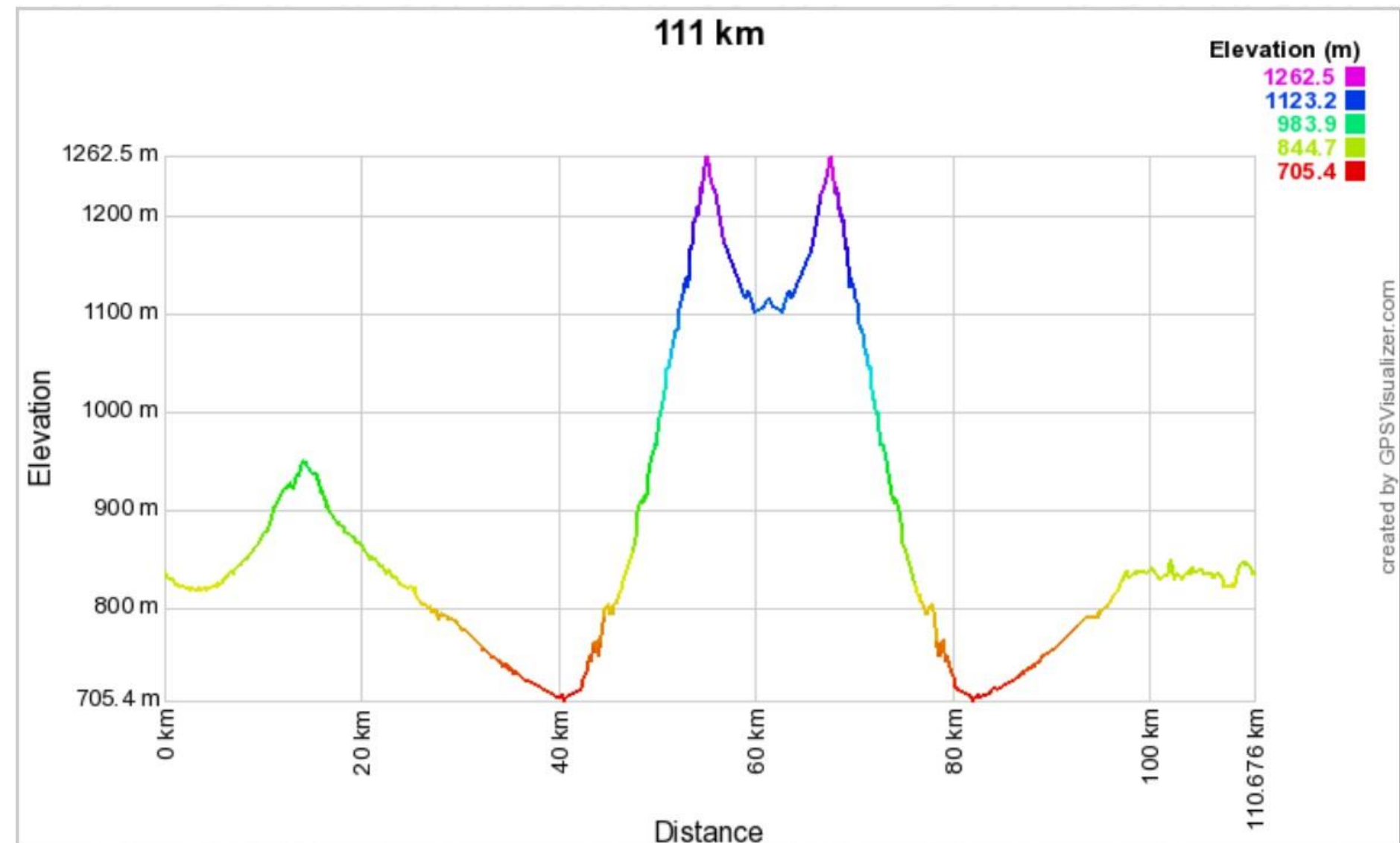
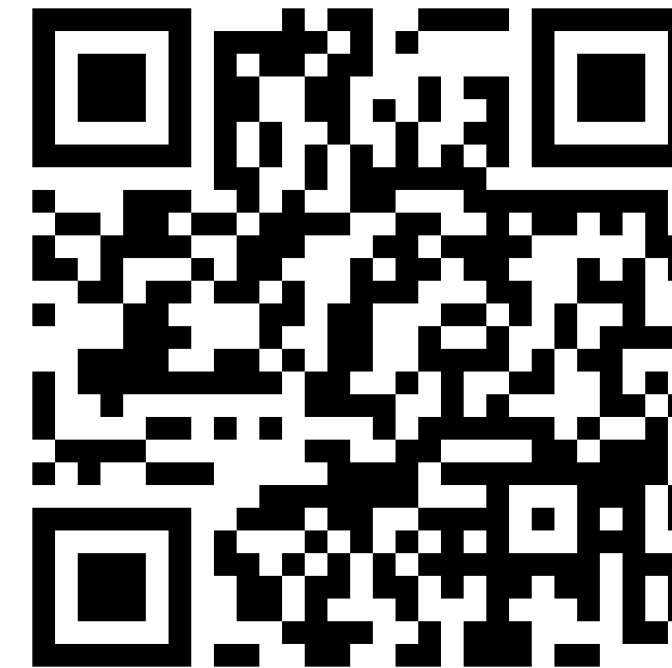


RACE ROUTES

IRR COURSE FOR (MJ, WE, WU23, MM) – 111 km 1 LAP

MAP LINK: <https://shortest.link/37wx>

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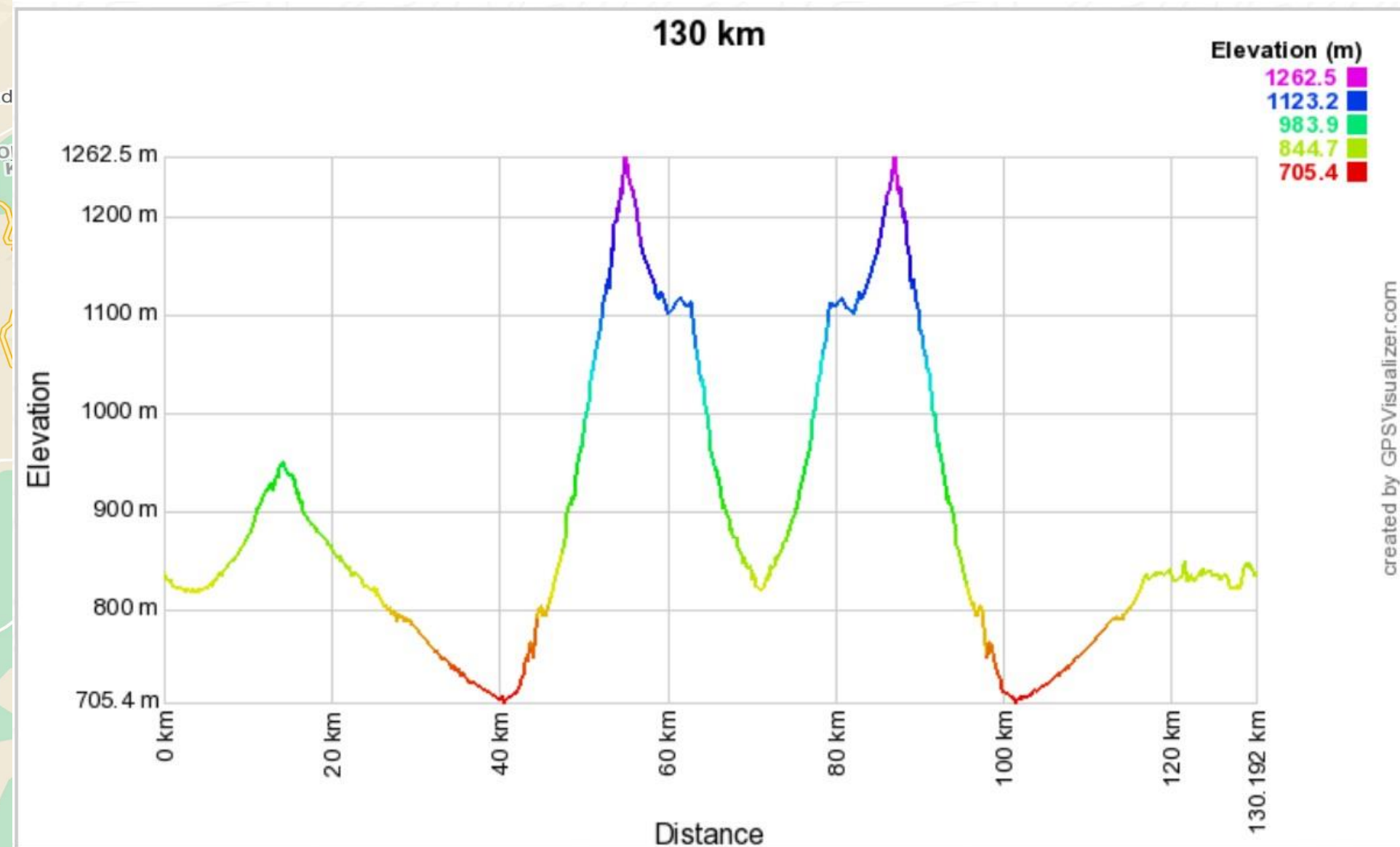
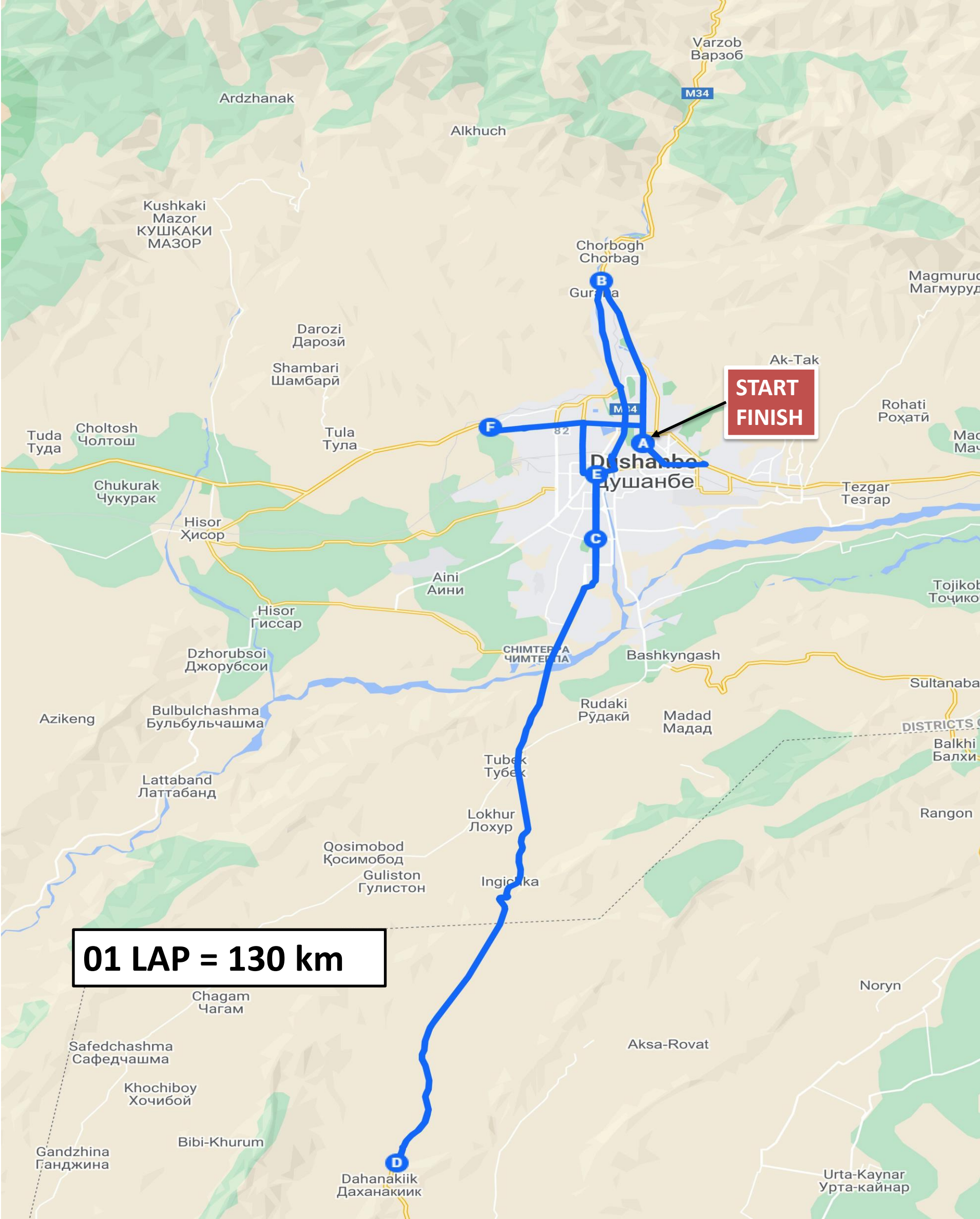
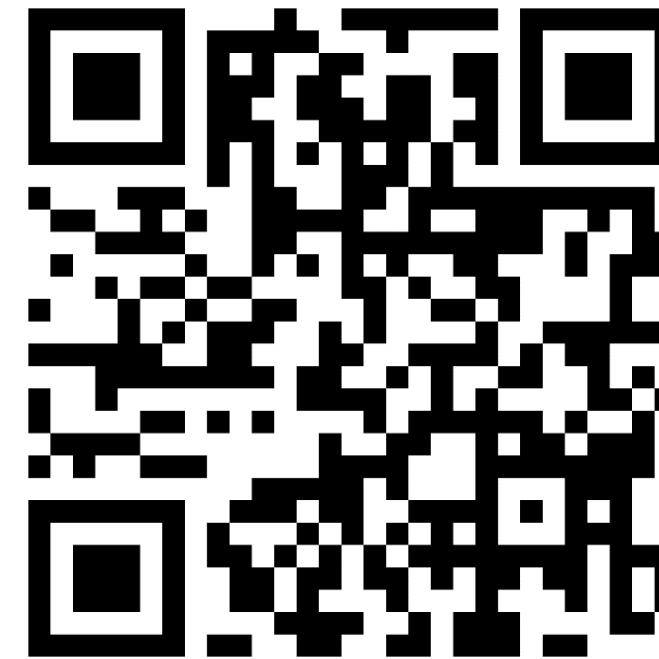


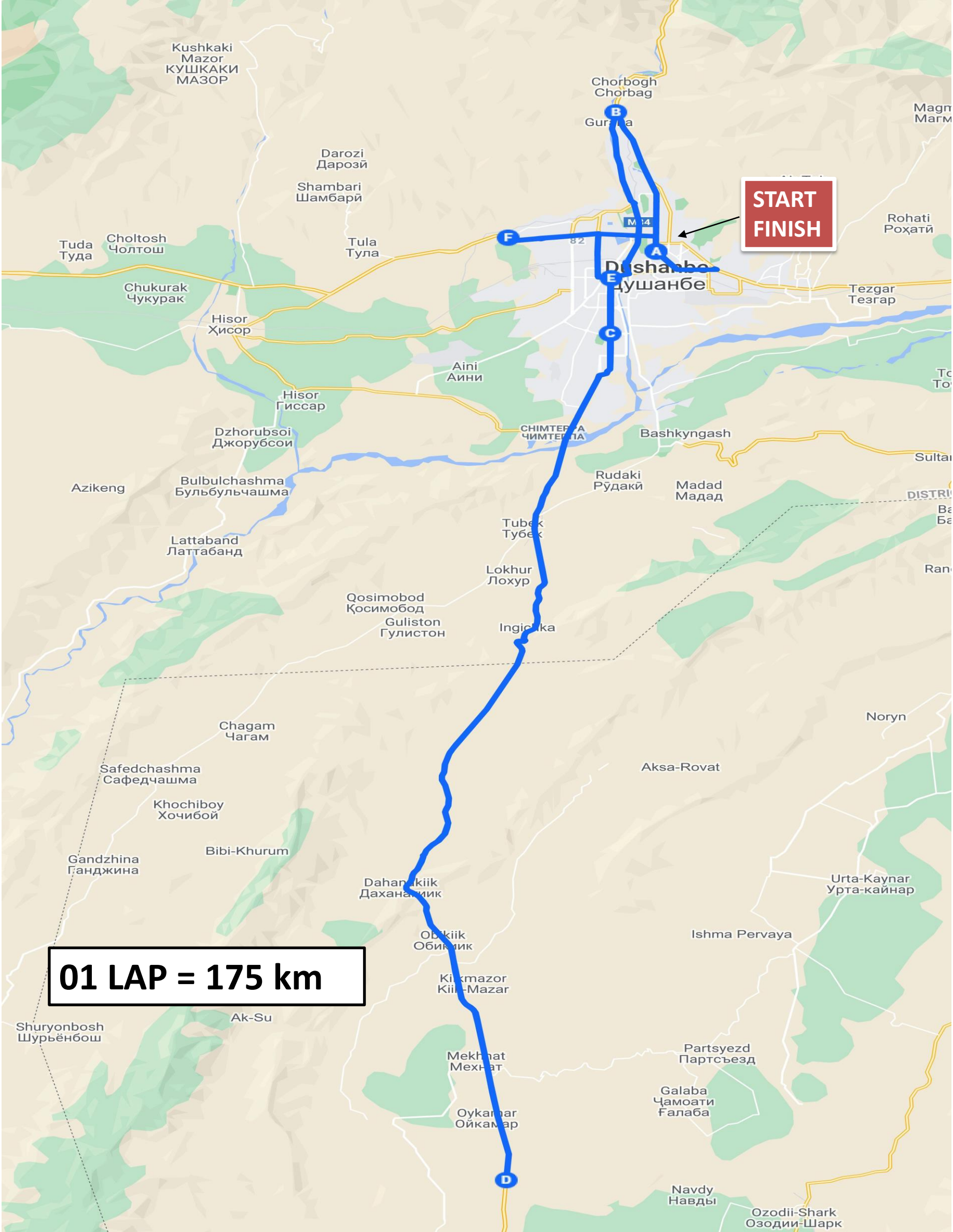
RACE ROUTE

IRR COURSE FOR (MEN UNDER 23) – 130 km 1 LAP

MAP LINK: <https://shortest.link/37wO>

<https://www.openrunner.com/r/14318387>



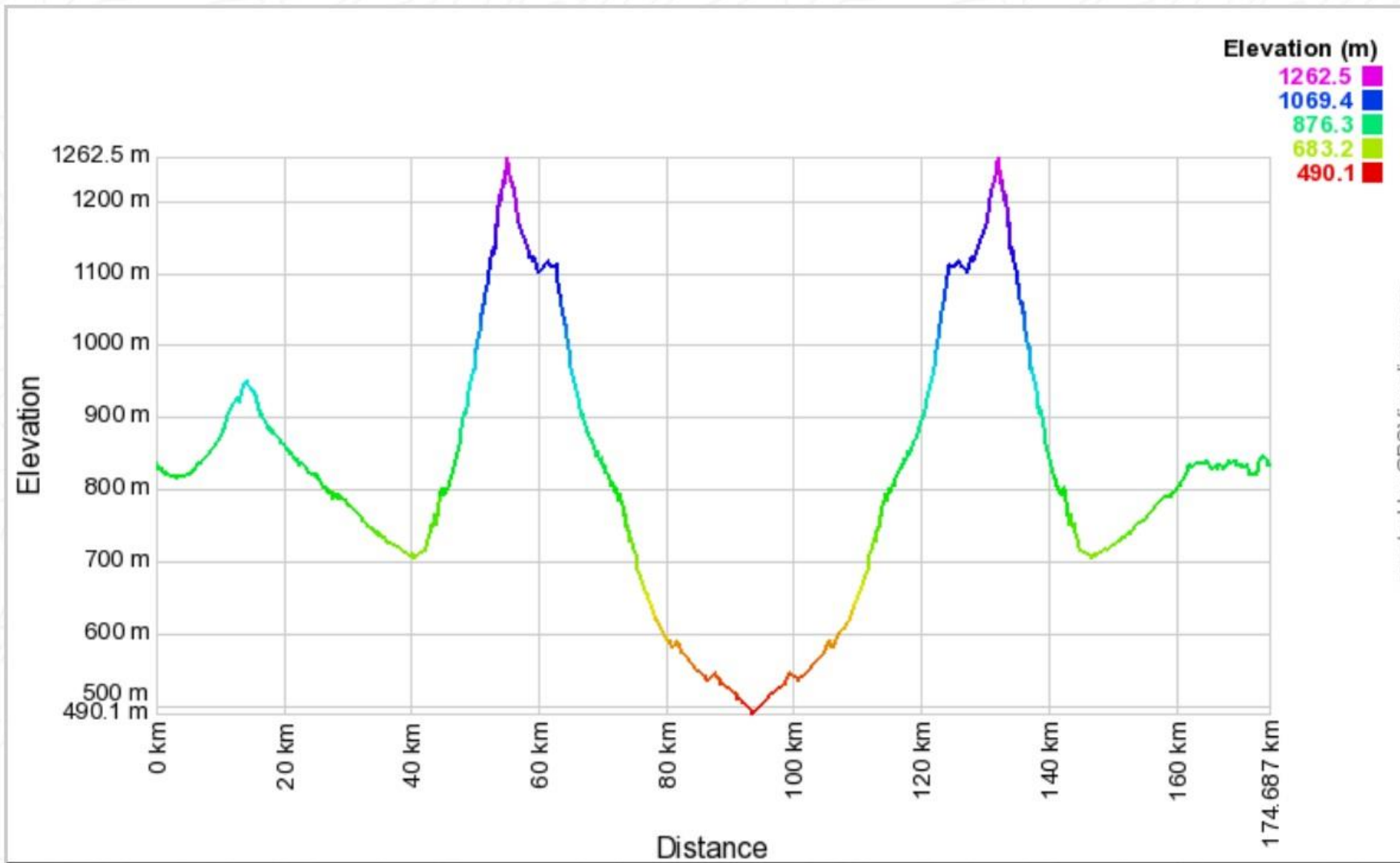


RACE ROUTE

IRR COURSE FOR (MEN ELITE) – 175 km 1 LAP

MAP LINK: <https://shortest.link/3abs>

<https://www.openrunner.com/r/14341644>



RACE SPECIFIC REGULATIONS

Art. 1 GENERAL RULES

1.1. The 2022 Asian Road Cycling Championships are organized by the Asian Cycling Confederation (ACC) in cooperation with the Tajikistan Cycling Federation (TJCF).

1.2. The event will be organized in accordance with the rules of the Union Cycliste Internationale (UCI) and these rules will be the reference for everything that is not mentioned in the current document.

1.3. The Asian Road Championships consisting of time trials and road races are scheduled from 25th to 29th March 2022. These Championships may be contested by riders entered by their National Federation as National Team.

Art. 2 TYPE OF THE EVENT

2.1. The event is open to athletes of Women Junior, Men Junior, Women U23, Men U23, Women Elite and Men Elite. It is entered on the UCI calendar as Continental Championships event (UCI CC).

2.2. In accordance with the articles 2.10.008 and 2.10.017 the UCI ranking points will be awarded as follows:

POINTS SCALE				
POSITION	ELITE ROAD RACE	ELITE TIME TRIAL	UNDER 23 ROAD RACE	UNDER 23 TIME TRIAL
1	250	70	125	50
2	200	55	85	30
3	150	40	70	20
4	125	30	60	15
5	100	25	50	10
6	90	20	40	5
7	80	15	35	3
8	70	10	30	3
9	60	5	20	1
10	50	3	15	1

RACE SPECIFIC REGULATIONS

POINTS SCALE				
POSITION	ELITE ROAD RACE	ELITE TIME TRIAL	UNDER 23 ROAD RACE	UNDER 23 TIME TRIAL
11	40		10	
12	35		5	
13	30		5	
14	25		5	
15	20		3	
16	15		3	
17	10		3	
18	5		3	
19	5		3	
20	5		3	
21	5			
22	5			
23	5			
24	5			
25	5			
26	5			
27	5			
28	5			
29	5			
30	5			

RACE SPECIFIC REGULATIONS

POINTS SCALE				
POSITION	ELITE ROAD RACE	ELITE TIME TRIAL	UNDER 23 ROAD RACE	UNDER 23 TIME TRIAL
31	3			
32	3			
33	3			
34	3			
35	3			
36	1			
37	1			
38	1			
39	1			
40	1			

Art.3 PARTICIPATION

All National Federations, affiliated to the Asian Cycling Confederation can take part in the Asian Championships. The maximum number of riders taking part in the various races will be the same for all these Federations. The list of the countries is given below

No.	Country name	Country code	No.	Country name	Country code
1	Afghanistan	AFG	23	Macao	MCO
2	Bahrain	BRN	24	Malaysia	MAS
3	Bangladesh	BAN	25	Myanmar	MYA
4	Brunei Darussalam	BRU	26	Mongolia	MGL
5	Cambodia	CAM	27	Nepal	NEP
6	China	CHN	28	Oman	OMA
7	DPR Korea	PRK	29	Pakistan	PAK
8	Timor Leste	TLS	30	Philippines	PHI
9	Hong Kong	HKJ	31	Qatar	QTR
10	India	IND	32	Saudi Arabia	KSA
11	Indonesia	INA	33	Singapore	SIN
12	Iran	IRI	34	Sri Lanka	SRI
13	Iraq	IRQ	35	Syria	SYR
14	Japan	JPN	36	Tajikistan	TJK
15	Jordan	JOR	37	Thailand	THA
16	Kazakhstan	KAZ	38	Chinese Taipei	TPE
17	Korea	KOR	39	Turkmenistan	TKM
18	Kyrgyzstan	KGZ	40	UAE	UAE
19	Kuwait	KUW	41	Uzbekistan	UZB
20	Laos	LAO	42	Vietnam	VIE
21	Lebanon	LIB	43	Yemen	YEM
22	Palestine	PS	44	Maldives	MV

Art. 4 AGE OF COMPETITIONS

Category	Year of birth
Men and Women Elite	1999 and older
Men and Women U23	2000 / 2001 / 2002 / 2003
Men and Women Junior	2004 / 2005

Art. 5 Registration Procedure

All participating National Federations shall register by entry forms. These will be sent by the Tajikistan Cycling Federation with the invitation to participate. National Federations are required to submit their registrations by Number by 4th of February 2022 and Entry by Name by 21st of February 2022 to Tajikistan Cycling Federation. Contact: email: arcc2022@tcf.tj Telephone: + 992934333355.

	Men by Number						Women by Number					
	Enter			Ride			Enter			Ride		
	ME	MU	MJ	ME	MU	MJ	WE	WU	WJ	WE	WU	WJ
Team Time Trial	6	-	-	4	-	-	6	-	-	4	-	-
Individual Time Trial	2	2	2	1	1	1	2	2	2	1	1	1
Individual Road Race	6	6	6	4	4	4	6	6	6	4	4	4

	Men Para by Number				Women Para by Number			
	C1-5*	B*	T1-2*	H1-5*	C1-5*	B*	T1-2*	H1-5*
Individual Time Trial	○	○	○	○	○	○	○	○

* Sport class may be integrated by decision of ACC Para-Cycling committee after consideration of number of participants.

Art. 6 STARTING ORDER IN TTT / ITT – START PROCEDURE FOR IRR

6.1. The starting order for the Team Time Trial and the individual Time Trials will be composed by the commissaires and will be communicated after the team manager’s meeting. In the individual Time Trials the start interval will be one minute.

6.2. For road races, before each race, complete National Teams must be present on the presentation podium for the signing of the start sheet. The podium will open 60 minutes before the start and will close 10 minutes before the start. Riders who fail to sign will not take the start.

Art. 7 BICYCLES AND EQUIPMENT CONTROL

7.1. For the time trial races each bicycle will be checked by the UCI commissaires. Each rider must present his/her bike for that check and verification at least 15 minutes prior to the personal start time.

7.2. For WJ and MJ categories time trials, the gear ratios will be checked at the entrance of the starting zone. For the road races that check will be finalized 15 minutes before the starting time at the latest.

7.3. After those controls, the riders will not be allowed to take their bikes out of the control zone.

7.4. During time trials races, changing of equipment is allowed from the team car. During road races it is allowed from team cars and from neutral vehicles.

Art. 8 RADIO-TOUR

8.1. Radio-Tour Frequency: ...

8.2. Race information will be broadcasted throughout each race via radio system.

8.3. Handout of radio transmitters to the team managers will take place during the license check. Each team manager must sign the delivery sheet at receiving and returning of the transmitters. Transmitters must be returned immediately after the last race.

Art. 9 TEAM CARS

9.1. Team cars are allowed to the race convoy during all road races. One vehicle with bike rack per Nation will be provided by the organization. Each National Federation should make a deposit of US\$ 600.

9.2. In accordance with article 2.2.032 of the UCI regulations, the maximum height of the vehicles is 1.66 m. This rule does not apply for the time trials.

9.3. The order of cars in the race convoy will be determined by the commissaires' panel in accordance with the number of riders at the start.

Art. 10 NEUTRAL TECHNICAL SUPPORT

The neutral technical support will be provided by 3 cars.

Art. 11 FEEDING

11.1. No feeding is allowed during time trial races.

11.2. Feeding at the boxes is allowed according to the instruction of the commissaires' panel.

11.3. Feeding by team cars is allowed starting at 30 km of the race until 20 km to the finish

Art. 12 TIME OF ARRIVAL

12.1. There is no time limit for time trial races. Time limit for road races is 12%.

12.2. The time can be increased in case of exceptional circumstances by the commissaires' panel, in agreement with the organizer.

Art. 13 AWARDS CEREMONIES

13.1. In accordance with article 1.1.112 of the UCI regulations, the best 3 riders (teams in team time trial) of each category must attend the official awards ceremony.

13.2. For the time trials a «hot-seat» zone for the best 3 times will be prepared near the finish line.

13.3. Every Asian Championship will be awarded with:

the 1st place: Champions jersey and Gold medal the 2nd place: Silver medal the 3rd place: Bronze medal.

Art. 14 ANTI-DOPING

Anti-doping controls according to the regulations of the UCI take place near the finish line and will be carried out by the ITA . Doping Control location will be close to the finish line inside the central library at the 3rd Floor.

Art. 15 PENALTIES

Penalties will be applied in accordance with the UCI regulations.

Art. 16 RESPONSIBILITIES

16.1. The organizers and ACC will not, under any circumstances, be liable to any accidents or damage that occurs during training and competitions.

16.2. The organizers and ACC decline all responsibilities towards the riders and others in case of an accident.

For all cases not covered by these specific regulations, the UCI rules will apply.

SECRETARIAT – RACE HEADQUARTER

- From 22nd March 2022 09:00 – 18:00 information desk will be open in Official hotel lobby.
- From 24th to 29th March 2022 the Race Office will be open at the start and finish area in Dousti Square opening 1 hour before the start of first competition and closing 30 minutes after the last race of the day.

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